



## **Implementing Traits of Honesty, Efficiency and Truthfulness is enriching to Living Conditions of Individuals**

**Dr. Radhika Kapur**

### **Abstract**

The main objective of this research paper is to acknowledge the meaning and significance of the traits of honesty, efficiency and truthfulness. These traits need to be implemented by the individuals in their lives in both personal and professional spheres. From the stage of early childhood, throughout the lives of the individuals, they need to recognize the meaning and significance of these traits. The information is imparted in terms of them to the individuals within homes, educational institutions of all levels and employment settings. The individuals are able to benefit in number of ways, when they are putting into practice these traits. The traits of honesty, efficiency and truthfulness have rendered an important contribution in bringing about improvements in their overall personality traits and living standards. The individuals are required to put into operation various tasks and activities in their lives. It is apparently understood that they need to be informative in terms of methods and approaches. But apart from these, the individuals are required to work and deal with others as well. Hence, they need to recognize the meaning and significance of the traits of honesty, efficiency and truthfulness. These traits would render an important contribution in facilitating implementation of job duties in a well-organized manner, achieving desired goals in both personal and professional spheres, enhancing personality traits and bringing about improvements in one's overall quality of lives. Therefore, it can be stated, implementing traits of honesty, efficiency and truthfulness is enriching to living conditions of individuals. The main concepts that are taken into account in this research paper are, understanding significance of traits of honesty, efficiency and truthfulness, factors highlighting depiction of traits of honesty, efficiency and truthfulness and advantages of depicting the traits of honesty, efficiency and truthfulness.

**Keywords:** Depiction, Efficiency, Enrichment, Honesty, Living Conditions, Personality Traits, Truthfulness

The individuals, belonging to all communities, categories and socio-economic backgrounds experience situations in their lives, where they are required to depict honesty, efficiency and truthfulness. The depiction of these traits clearly signify that individuals have recognized the significance of morality and ethics (Schreiner, 2014). The traits of honesty, efficiency and truthfulness have rendered an important contribution in bringing about improvements in their overall personality traits and living standards. The individuals cannot live their lives in seclusion. Hence, it is of utmost significance for them to form an effective social circle. The social circle of the individuals comprises of family members, relatives, friends, educators, classmates, employers, supervisors, colleagues and neighbours. When the individuals are honest, efficient and truthful, the other individuals, i.e. family and community members will take pleasure in forming cordial and amiable terms and relationships with them. As a consequence, social circle will be reinforced. When any job duties are assigned to them, they will put in efforts to their best abilities to do well in them and generate the desired outcomes. Therefore, it is well-understood, these traits have contributed significantly in leading to up-gradation of one's overall quality of lives.

Within the course of acquisition of education in educational institutions of all levels, the individuals are required to acquire an efficient understanding of academic subjects and lesson plans; be well-prepared to participate in various types of evaluation methods, i.e. tests, exams, quizzes, competitions and so forth; develop motivation towards the achievement of educational goals and be committed towards leading to up-gradation of overall system of education. For all these purposes, individuals need to augment their knowledge and understanding in terms of various subjects and concepts and reinforce the traits of honesty, efficiency and truthfulness (Ferreira, 2016). Within the course of putting into operation the job duties within employment settings, the individuals need to not only be well-equipped in terms of job duties and responsibilities, but they need to depict honesty, efficiency and truthfulness. As a consequence, they will meet the expectations of their supervisors and employers, incur the feeling of job satisfaction and retain their jobs.

Furthermore, these traits enable the individuals to acquire promotional opportunities and enhance their career prospects. Therefore, all the members, irrespective of their job positions in the hierarchy need to depict these traits throughout their jobs.

The individuals are required to manage the household responsibilities. They need to be informative in terms of methods and strategies that are needed to put into practice the household responsibilities in a well-organized manner. Furthermore, depicting honesty, efficiency and truthfulness will not only enable the individuals to do well in their job duties, but also form cordial and amiable terms and relationships with family members. It is of utmost significance for the individuals to promote good health, physically as well as psychologically. Hence, depicting the traits of honesty, efficiency and truthfulness will enable the individuals to promote a normal mind-set; incur the feelings of pleasure and contentment; possess the abilities to work under stress; manage anger and stressful situations in an effective manner; promote well-being and goodwill and lead to enhancement of one's overall quality of lives. Apart from implementing the traits of diligence and conscientiousness, it is indispensable to depict the traits of honesty, efficiency and truthfulness. Therefore, it is understood on a comprehensive basis that in order to promote well-being of oneself, family and community members, it is necessary to reinforce the traits of honesty, efficiency and truthfulness throughout one's lives.

### **Understanding Significance of Traits of Honesty, Efficiency and Truthfulness**

From the stage of early childhood throughout the lives of the individuals, they are imparted information in terms of meaning and significance of the traits of honesty, efficiency and truthfulness. The information is imparted within and outside the homes, i.e. educational institutions of all levels, various types of employment settings and public places. As a consequence of recognising the traits of honesty, efficiency and truthfulness, the individuals will render an important contribution in preventing the problems and predicaments from assuming a major form, doing well in their job duties and putting in efforts to achieve desired goals in both personal and professional lives. The depiction of these traits highlight that individuals have recognized the significance of the traits of morality, ethics, diligence and conscientiousness. Furthermore, the individuals will emerge into moral and ethical human being and productive citizens of the country. The individuals should utilize their educational qualifications, skills and abilities in promoting community well-being. Therefore, an understanding of the significance of traits of honesty, efficiency and truthfulness is acquired by the individuals, when they are encouraging in enabling them to emerge into principled human beings.

Throughout the country, individuals belonging to all communities, categories and socio-economic backgrounds have recognized the meaning and significance of education. They have formed the viewpoint that acquisition of education will enable them to achieve desired goals and objectives and bring about improvements in their overall quality of lives. Furthermore, it will facilitate in reinforcing the traits of honesty, efficiency and truthfulness. Within the course of acquisition of education in educational institutions of all levels, the individuals need to acquire an efficient understanding of academic subjects and lesson plans; participate efficiently in all types of academic activities; participate in various types of assessment strategies, i.e. tests, exams, quizzes, competitions and so forth; develop motivation towards learning and be committed towards leading to up-gradation of overall system of education. For all these purposes, individuals need to augment their knowledge and understanding in terms of various subjects and concepts and reinforce the traits of honesty, efficiency and truthfulness. Therefore, the individuals understand the significance of traits of honesty, efficiency and truthfulness, when they are committed towards acquisition of education.

Individuals have the primary objective of promoting better livelihoods opportunities. In order to achieve this goal, they are required to be well-prepared. Furthermore, the individuals are required to augment their knowledge and understanding in terms of various subjects and concepts. Within the course of putting into operation various job duties and responsibilities within employment settings, individuals need to not only be well-equipped in terms of methodologies, techniques and procedures, but they need to depict the traits of honesty, efficiency and truthfulness. As a consequence, they will meet the expectations of their supervisors and employers, incur the feeling of job satisfaction and retain their jobs. Furthermore, the supervisors and employers will appreciate the work of the employees. Hence, they will acquire admiration and reverence. These traits enable the individuals to acquire promotional opportunities and enhance their career prospects.

Therefore, the individuals acquire an efficient understanding of the significance of traits of honesty, efficiency and truthfulness, when they are facilitating in promoting better livelihoods opportunities.

### **Factors highlighting Depiction of Traits of Honesty, Efficiency and Truthfulness**

The individuals are different from each other in terms of number of factors, i.e. caste, creed, race, religion, ethnicity, age groups, gender, educational qualifications, occupations, cultures, traditions, personality traits and socio-economic backgrounds. The individuals need to recognize the meaning and significance of the traits of honesty, efficiency and truthfulness throughout their lives. From the stage of early childhood, the individuals are imparted information in terms of these traits from family members. Furthermore, they need to understand these traits and implement them in their lives. Within personal and professional lives, when individuals are putting into practice various tasks and activities, they need to recognize the meaning and significance of these traits (10 Ways to teach your Children to be Honest, n.d.). When the individuals are to take support and help from other individuals to do well in their job duties and generate the desired outcomes, the traits of honesty, efficiency and truthfulness will prove to be efficient to a major extent. The individuals are required to augment their knowledge in terms of factors highlighting depiction of traits of honesty, efficiency and truthfulness. These are stated as follows:

### **Forming an Effective Social Circle**

The individuals cannot live their lives in seclusion. Hence, it is of utmost significance for them to form an effective social circle. The individuals, belonging to all communities, categories and socio-economic backgrounds are required to form an effective social circle throughout their lives. The social circle of the individuals is regarded as one of the essential aspects that would contribute in an efficacious manner in leading to enrichment of one's overall living conditions. Hence, throughout the lives of the individuals, they need to focus upon its formation. As a consequence of having an effective social circle, individuals will strengthen the traits of honesty, efficiency and truthfulness. When the individuals are honest, efficient and truthful, the family and community members will take pleasure in forming cordial and amiable terms and relationships with them, hence, social circle will be reinforced. When any job duties are assigned to them, they will put in efforts to their best abilities to do well in them and generate the desired outcomes. Hence, it is well-understood, these traits have contributed significantly in leading to up-gradation of one's overall living conditions. Therefore, forming an effective social circle is regarded as one of the indispensable factors highlighting depiction of traits of honesty, efficiency and truthfulness.

### **Acquisition of Education**

Throughout the country, individuals belonging to all communities, categories and socio-economic backgrounds have recognized the meaning and significance of education. They have generated awareness in terms of the aspect that acquisition of education will facilitate in reinforcing the traits of honesty, efficiency and truthfulness. As a consequence, they will reinforce well-being and goodwill. Within the course of acquisition of education in educational institutions of all levels, the individuals need to acquire an efficient understanding of academic subjects and lesson plans; participate efficiently in all types of academic activities; participate effectively in various types of assessment strategies, i.e. tests, exams, quizzes, competitions and so forth; develop motivation towards the achievement of educational goals and be committed towards leading to up-gradation of overall system of education. For all these purposes, individuals need to augment their knowledge and understanding in terms of various subjects and concepts and reinforce the traits of honesty, efficiency and truthfulness. Therefore, acquisition of education is one of the significant factors highlighting depiction of traits of honesty, efficiency and truthfulness.

### **Participating in Employment Opportunities**

Acquisition of employment opportunities is the primary objective of individuals. When they are engaged in various types of employment settings, they need to ensure, they reinforce the traits of honesty, efficiency and truthfulness. These traits are fundamental within the course of implementation of various job duties on an individual basis as well as in dealing and working with others.

Within the course of putting into operation various job duties and responsibilities within employment settings, individuals need to not only be well-equipped in terms of methods and procedures, but they need to depict honesty, efficiency and truthfulness. As a consequence, they will meet the expectations of their supervisors and employers, incur the feeling of job satisfaction and retain their jobs. The supervisors and employers will appreciate the work of the employees. Hence, they will acquire admiration and reverence. Furthermore, these traits enable the individuals to acquire promotional opportunities and enhance their career prospects. Hence, all the members, irrespective of their job positions in the hierarchy need to depict these traits throughout their jobs. Therefore, participating in employment opportunities is an eminent factor highlighting depiction of traits of honesty, efficiency and truthfulness.

### **Enhancing Career Prospects**

Enhancing career prospects is an objective towards which all individuals are focused. For achievement of this goal, the individuals are required to make selection of the field of their interest. Within the course of putting into operation various job duties and responsibilities within employment settings or when the individuals are commencing their businesses or when they are pursuing post-doctoral fellowship programs in higher educational institutions, individuals need to not only be well-equipped in terms of methods and procedures, but they need to depict honesty, efficiency and truthfulness. These traits are regarded to be of utmost significance in leading to enhancement of one's career prospects. As a consequence of depicting these traits, individuals will meet the expectations of their educators, supervisors and employers, incur the feelings of pleasure and contentment, develop motivation towards the implementation of job duties and responsibilities and form positive viewpoints in terms of various aspects of job duties. Hence, it is well-understood by all the individuals that traits of honesty, efficiency and truthfulness are key in leading to enhancement of one's career prospects. Therefore, enhancing career prospects is a renowned factor highlighting depiction of traits of honesty, efficiency and truthfulness.

### **Implementation of Household Responsibilities**

The individuals, belonging to all communities and occupations are required to manage the household responsibilities. The various types of household responsibilities are, cleaning, sweeping, washing, preparation of meals, child development, taking care of health and well-being of other family members and overall management of the household. In the implementation of all types of household responsibilities, the individuals need to ensure, they are honest, efficient and truthful in their conduct. Furthermore, these traits need to be implemented in dealing with domestic helpers and service providers. The main objectives of individuals should be to promote well-being and goodwill of family members and lead them towards the right path. The individuals need to be informative in terms of methods, procedures and strategies required to put into practice various types of household responsibilities in a well-organized manner. Furthermore, depicting honesty, efficiency and truthfulness will not only enable the individuals to do well in their job duties, but also form cordial and amiable terms and relationships with family members. Furthermore, there will be formation of pleasant and amiable environmental conditions within homes. Therefore, implementation of household responsibilities is an essential factor highlighting depiction of traits of honesty, efficiency and truthfulness.

### **Promoting good Health and Well-being**

It is of utmost significance for the individuals to promote good health from the physical and psychological perspectives. As a consequence, they will recognize significance of traits of honesty, efficiency and truthfulness. Hence, depicting these traits will enable individuals to promote a normal mind-set; incur the feelings of pleasure and contentment; possess the abilities to work under stress; manage anger and stressful situations in an effective manner; form an effective social circle; alleviate loneliness and seclusion; put in efforts to one's best abilities; promote well-being and goodwill of family and community members; enrich one's personality traits and lead to enhancement of one's overall living conditions. Apart from implementing the traits of diligence, resourcefulness and conscientiousness, it is indispensable to depict the traits of honesty, efficiency and truthfulness. Hence, it is understood on a comprehensive basis that in order to promote well-being of oneself, family and community members, it is necessary to reinforce the traits of honesty, efficiency and truthfulness throughout one's lives. Therefore, promoting good health and well-being is a notable factor highlighting depiction of traits of honesty, efficiency and truthfulness.

## **Making Wise and Productive Decisions**

Decision making is regarded as an integral part of the lives of the individuals. They are required to make wise and productive decisions in both personal and professional lives. The decisions may be major or minor. The individuals are required to put into practice the decision making processes in terms of education, employment opportunities, career, settlement, household responsibilities, housing, property, making purchases of various items and so forth. These are made on one's own as well as through obtaining ideas and suggestions from family members, supervisors, educators, employers and friends. The analysis is conducted in terms of the alternatives and then selection is made of the most suitable and worthwhile alternative. Depicting the traits of honesty, efficiency and truthfulness will enable the individuals to make wise and productive decisions with the main aim of promoting well-being of their family and community members. As a consequence, the individuals will differentiate between appropriate and inappropriate aspects. Furthermore, the individuals will make provision of factual information to others within and outside their homes. Therefore, making wise and productive decisions is a meaningful factor highlighting depiction of traits of honesty, efficiency and truthfulness.

## **Leading to Up-gradation of one's Personality Traits**

Leading to up-gradation of one's personality traits is an objective, which all individuals, irrespective of communities, categories, occupations and socio-economic backgrounds are required to focus upon throughout their lives. Depicting the traits of honesty, efficiency and truthfulness will enable the individuals to carry out this task in a well-organized manner. The individuals need to form the viewpoint that promoting well-being of their family and community members should be their main aim. As a consequence, the individuals will render an important contribution in leading to up-gradation of their personality traits. Furthermore, there are various aspects that they need to take into account, i.e. communicating effectively with others; possessing a pleasant personality; dressing neatly; promoting good health and well-being, physically and psychologically and maintaining body weight and personal hygiene. The individuals need to implement time management skills. They are required to take out sufficient amount of time for all tasks and activities. Furthermore, the individuals need to cope with the psychological problems of anger, stress, anxiety, frustration and depression in an effective manner. Therefore, leading to up-gradation of one's personality traits is a noteworthy factor highlighting depiction of traits of honesty, efficiency and truthfulness.

## **Achieving Desired Goals and Objectives**

Individuals, belonging to all communities, categories, occupations and socio-economic backgrounds have certain goals and objectives. These are, acquisition of education; getting engaged in employment opportunities; enhancing career prospects; generating a source of income; promoting well-being of families and communities; managing body weight; augmenting skills and abilities; promoting good health and well-being, physically and psychologically; alleviating loneliness and forming an effective social circle; leading to up-gradation of one's personality traits and bringing about improvements in one's overall quality of lives. Within the course of putting into operation various job duties and responsibilities, individuals need to not only be well-equipped in terms of methods and procedures, but they need to depict honesty, efficiency and truthfulness. As a consequence, they will render an important contribution in achieving desired goals and objectives (Brady, 2022). Depicting the traits of honesty, efficiency and truthfulness will enable the individuals to develop mutual understanding with others and provide solutions to various types of problems in an efficacious manner. Furthermore, they will strengthen their abilities to work under stress. Therefore, achieving desired goals and objectives is a favourable factor highlighting depiction of traits of honesty, efficiency and truthfulness.

## **Sustaining one's Living Conditions in an Effective Manner**

Sustaining one's living conditions in an effective manner is a goal, towards which individuals are committed to a major extent. Depicting the traits of honesty, efficiency and truthfulness will enable the individuals to carry out this task in a well-organized manner. The individuals need to form the viewpoint that to achieve this goal, the individuals need to ensure, they recognize the meaning and significance of traits of honesty, efficiency and truthfulness.

As a consequence of acknowledging these traits, the individuals will render an important contribution in achieving their desired goals. Furthermore, through reinforcement of these traits, individuals will form pleasant terms and relationships with others; provide solutions to various types of problems; cope with challenges in a satisfactory manner; differentiate between appropriate and inappropriate aspects; make provision of factual information to others, within and outside their homes; make wise and productive decisions; inculcate the traits of morality and ethics; implement the traits of diligence, resourcefulness and conscientiousness; hone communication, analytical and critical thinking skills and develop an optimistic approach. Therefore, sustaining one's living conditions in an effective manner is a suitable factor highlighting depiction of traits of honesty, efficiency and truthfulness.

### **Advantages of Depicting the Traits of Honesty, Efficiency and Truthfulness**

In not only India, but in other countries of the world as well, the individuals, belonging to all educational fields, occupations, communities, categories and socio-economic backgrounds experience different instances in their lives, where they are required to depict the traits of honesty, efficiency and truthfulness (Tips for Encouraging Honesty, n.d.). Though it is comprehensively understood that from the stage of early childhood throughout the lives of the individuals, they need to acknowledge the meaning and significance of these traits. One of the major benefits of these traits is, they enable the individuals to achieve their desired goals and objectives in a well-organized and disciplined manner. Furthermore, individuals, belonging to all fields need to ensure, they should make use of their educational qualifications, skills and abilities to promote well-being of others.

The depiction of the traits of honesty, efficiency and truthfulness highlight that individuals have recognized the significance of morality and ethics. Furthermore, it is well-understood, the traits of honesty, efficiency and truthfulness have proven to be advantageous to the individuals on a comprehensive basis. Advantages of depicting the traits of honesty, efficiency and truthfulness are, putting into operation leadership skills within professional settings; coping with problems and predicaments in an effective manner; dealing efficaciously with other individuals; managing resources in a well-organized manner and promoting well-being and goodwill of family and community members. These are stated as follows:

### **Putting into Operation Leadership Skills within Professional Settings**

Within educational institutions of all levels and in various types of employment settings, the individuals in leadership positions are vested with the authority and responsibilities of guiding and leading their subordinates in the right direction. Furthermore, they are required to put into operation various types of job duties and responsibilities in leading to up-gradation of the overall structure of the organizations. The leaders need to form the viewpoint that to put into operation leadership skills, they have to recognize the meaning and significance of traits of honesty, efficiency and truthfulness. As a consequence of recognising these traits, the individuals will render an important contribution in doing well in their job duties and in achieving professional goals. As a consequence of depicting the traits of honesty, efficiency and truthfulness, the leaders will form pleasant terms and relationships with others; provide solutions to various types of problems; implement decision making processes in an effective manner and manage resources, infrastructure, amenities and facilities satisfactorily. Therefore, putting into operation leadership skills within professional settings is regarded as one of the indispensable advantages of depicting the traits of honesty, efficiency and truthfulness.

### **Coping with Problems and Predicaments in an Effective Manner**

Problems and predicaments are an integral part of the personal and professional lives of the individuals. The various aspects in terms of which these take place are, job duties, responsibilities, methodologies, procedures, strategies, approaches, technologies, tools, devices, machineries, resources, infrastructure, amenities and facilities. The individuals are required to ensure the problems and predicaments are not experienced in a manner that would give rise to impediments within the course of implementation of various job duties. Hence, competencies need to be up-graded to cope with problems and predicaments in an effective manner.

As a consequence of recognising the traits of honesty, efficiency and truthfulness, the individuals will render an important contribution in preventing the problems and predicaments from assuming a major form, doing well in their job duties, and generating the desired outcomes. The depiction of these traits highlight that individuals have recognized the significance of the traits of morality, ethics, diligence and conscientiousness. These traits are revered by the individuals on a comprehensive basis. Therefore, it can be stated, coping with problems and predicaments in an effective manner is one of the significant advantages of depicting the traits of honesty, efficiency and truthfulness.

### **Dealing Efficaciously with other Individuals**

The individuals cannot live their lives in seclusion. Within homes, educational institutions of all levels and in various types of employment settings, the individuals need to deal efficaciously with other individuals. These are, family members, relatives, educators, supervisors, employers, classmates, colleagues, domestic helpers, service providers and other members of the community. Hence, it is of utmost significance for them to acknowledge the traits of honesty, efficiency and truthfulness. The individuals, belonging to all communities, categories and socio-economic backgrounds are required to recognize the significance of these traits throughout their lives. These traits would enable individuals to contribute in an efficacious manner in leading to enrichment of their living conditions. Hence, throughout the lives of the individuals, they need to focus on these traits. When the individuals are honest, efficient and truthful, their family and community members will take pleasure in forming cordial relationships with them. Furthermore, the various tasks and activities will be implemented in a well-organized manner. Therefore, dealing efficaciously with other individuals is an advantage of depicting the traits of honesty, efficiency and truthfulness, which has been acknowledged by the individuals on a comprehensive basis.

### **Managing Resources in a Well-organized Manner**

The individuals need to be well-versed in terms of ways to manage resources in a well-organized manner. The various types of resources that need to be managed are, human, financial, technical, material and information. The individuals ensure that they make use of all the resources in a well-organized manner and prevent wastage. Within personal and professional settings, within the course of putting into operation various tasks and activities, the individuals are required to be well-versed in terms of methods and strategies to utilize these resources in an efficient manner. Depicting the traits of honesty, efficiency and truthfulness will enable the individuals to be informative in terms of various types of methodologies and approaches. Furthermore, they will strengthen their abilities to work under stress. The individuals ensure they take out sufficient amount of time for all tasks and activities, provide solutions to various types of problems in an efficacious manner and augment their knowledge in terms of various subjects and concepts. Therefore, managing resources in a well-organized manner is an advantage of depicting the traits of honesty, efficiency and truthfulness, which has been recognized by the individuals within personal and professional spheres.

### **Promoting Well-being and Goodwill of Family and Community Members**

Promoting well-being and goodwill of family and community members is an objective, which all individuals, irrespective of their communities, categories, occupations and socio-economic backgrounds need to focus upon throughout their lives. The individuals get enrolled in educational institutions of all levels and augment their knowledge in terms of various subjects and concepts. They are required to utilize their knowledge in promoting well-being and goodwill of family and community members. Depicting the traits of honesty, efficiency and truthfulness will enable the individuals to carry out this task in a satisfactory manner. As a consequence of depicting these traits, the individuals will reinforce morals, ethics and principles in their conduct and job duties; take out sufficient amount of time for all tasks and activities; provide solutions to various types of problems in an efficacious manner; put in efforts to their best abilities and differentiate between appropriate and inappropriate aspects. Therefore, promoting well-being and goodwill of family and community members is an advantage of depicting the traits of honesty, efficiency and truthfulness, which has been motivating to the individuals on a comprehensive basis.

## Conclusion

The traits of honesty, efficiency and truthfulness have contributed significantly in bringing about improvements in overall living conditions of individuals. Factors highlighting depiction of traits of honesty, efficiency and truthfulness are, forming an effective social circle, acquisition of education, participating in employment opportunities, enhancing career prospects, implementation of household responsibilities, promoting good health and well-being, making wise and productive decisions, leading to up-gradation of one's personality traits, achieving desired goals and objectives and sustaining one's living conditions in an effective manner. Advantages of depicting the traits of honesty, efficiency and truthfulness are, putting into operation leadership skills within professional settings; coping with problems and predicaments in an effective manner; dealing efficaciously with other individuals; managing resources in a well-organized manner and promoting well-being and goodwill of family and community members. Finally, it can be stated, depicting honesty, efficiency and truthfulness will contribute efficiently in bringing about improvements in overall quality of lives of the individuals.

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