



## **Lack of Parental Support: Unfavourable in Leading to Progression**

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### **Abstract**

In all communities, from the stage of early childhood, individuals have acquired an efficient understanding of the factor that parents are the first and foremost individuals, who would contribute significantly in promoting enrichment of overall living conditions. Hence, it is of utmost significance for individuals, belonging to all communities, categories and socio-economic backgrounds to form cordial and amiable terms and relationships with their parents. The parents aspire to promote well-being of their children. When they are wholeheartedly committed towards achievement of this goal, they make provision of useful and valuable ideas and suggestions to their children. Furthermore, they make provision of information to them, which would render an important contribution in augmenting their knowledge, skills and abilities, achieving desired goals and objectives, and promoting enrichment of their personality traits and overall quality of lives. On the other hand, it is necessary for the children to listen to their parents. After listening and understanding, they need to implement these in their lives. On the other hand, when individuals lack parental support, they not only remain unaware in terms of various factors, but also are unable to reinforce stability in their lives. As a consequence, there are occurrences of number of impediments within the course of bringing about improvements in their overall standards of living. Therefore, when the parental support is lacking, it has unfavourable effects within the course of progression. The main concepts that are taken into account in this research paper are, lack of parental support is unfavourable to individuals to a major extent, effects of lack of parental support and measures to be implemented in strengthening parental support.

**Keywords:** Communities, Effects, Enrichment, Families, Individuals, Opportunities, Unfavourable, Well-being

### **Introduction**

In India, more than 70 percent of the population resides in rural communities. In these communities, in some households, the individuals give preference to male children and do not appreciate the birth of girls. They form the viewpoint that male children will render an important contribution in promoting well-being of their families and communities, provided they are given the opportunities to do so. Hence, they make provision of all opportunities to males, which would render an important contribution in honing their competencies and abilities. The girls are regarded as liabilities (Lara and Saracostti, 2019). They are trained in terms of household responsibilities and ways of taking care of needs and requirements of family members. They are discouraged from getting enrolled in educational institutions and acquiring education. The main reason being, the individuals form the viewpoint that girls need to eventually get married and in their marital homes, they will not acquire the opportunities to make use of their educational qualifications, skills and abilities in an effective manner. Therefore, in this manner, they experience lack of parental support in terms of acquisition of education.

The parents are regarded as the first and foremost teachers of their children. They guide their children towards the right path. Furthermore, they make provision of information to them, which would render an important contribution in augmenting their knowledge, skills and abilities, achieving desired goals and objectives, and promoting enrichment of their personality traits and overall quality of lives. On the other hand, when the children do not have parental support, they suffer dire consequences. In other words, the lack of parental support is detrimental (Parental Support to Learning, n.d.). As a consequence, the individuals are unable to generate information in terms of essential traits, which would lead to their progression. Furthermore, they are unable to implement the traits of morality, ethics, truthfulness and honesty. They get misguided and get engaged in various tasks and activities, which would prove to be unfavourable to them on a comprehensive basis. Therefore, it is of utmost significance for the individuals to be well-equipped in terms of ways to form pleasant relationships with parents.

### **Lack of Parental Support is Unfavourable to Individuals to a Major Extent**

The individuals, belonging to all communities, categories and socio-economic backgrounds are getting enrolled in educational institutions to pursue educational goals. Upon completion of their education, they get engaged in employment opportunities or initiate their businesses of various products or services. In all types of professional settings, the individuals need to obtain support from their parents. The parental support is regarded as the tool for all individuals, which enable them to carry out all types of tasks and activities successfully. Within educational institutions of all levels and various types of employment settings, when the individuals are overwhelmed by any types of problems and challenging situations, they need to obtain parental support. The parents make provision of useful ideas and suggestions, when their children are experiencing any types of dilemmas. Furthermore, they aspire to promote well-being and goodwill of their children. Hence, when parental support is not available, it is unfavourable for individuals. Therefore, it can be stated, lack of parental support is unfavourable to individuals to a major extent.

The management of household responsibilities is regarded as one of the essential tasks, which individuals need to pay attention towards, belonging to all communities. The parents are vested with the authority and responsibility of imparting information in terms of all the factors that would be facilitating in management of household responsibilities in an effective manner. The various types of household responsibilities are, cleaning, washing, preparation of meals, gardening, fetching water, repair work, electric work, painting, carpentry, plumbing and overall management of the household. These are manageable as well as complicated. These are put into operation on one's own as well as through taking support and assistance from other individuals. The parents make provision of information in terms of domestic helpers and service providers. These individuals need to possess the essential skills and abilities to carry out all types of job duties in a well-organized and regimented manner. Hence, the family members in nuclear and joint families need to work in co-ordination with each other to manage the overall functioning of the households in an effective manner. Therefore, one is able to understand on a comprehensive basis that lack of parental support is unfavourable to individuals to a major extent.

The problems are regarded as an integral part of the personal and professional lives of the individuals. The various factors in terms of which these take place are, job duties, activities, procedures, methodologies, approaches, scarcity of financial, technical, material and information resources, work pressure, unawareness in terms of various factors, experiencing of various types of psychological problems of anger, stress, anxiety, frustration and depression, and so forth. In the case of all types of dilemmas and challenging situations, the individuals communicate with their parents. The parents acquire an efficient understanding of the problems and make provision of useful ideas and suggestions. Hence, in this manner, the individuals understand the significance of their parents in their lives. The individuals need to respect their parents and listen to them in an effective manner. On the other hand, when parental support is not available, it is disadvantageous to the individuals to a major extent. Therefore, it is understood by the individuals, belonging to all occupations and communities that lack of parental support is unfavourable to individuals to a major extent.

In the lives of the individuals in both personal and professional spheres, they are overwhelmed by various types of psychological problems of anger, stress, anxiety, frustration and depression. These are experienced in a major or minor form. When these problems are overwhelming and give rise to impediments within the course of achievement of desired goals and objectives, the parents are the individuals that are consulted first and foremost. They are the ones, who ensure that their children are not overwhelmed by any types of problems and challenging situations within the course of achievement of desired goals and objectives. On the other hand, lack of parental support enables the individuals to remain unaware in terms of various factors. One of the most critical disadvantages is, the individuals are unable to provide solutions to various types of problems in an efficient manner. Furthermore, these may give rise to impediments within the course of putting into operation various types of job duties and activities. Therefore, it is well-understood by the individuals that lack of parental support is unfavourable to individuals to a major extent.

### **Effects of Lack of Parental Support**

The research studies have indicated that individuals, belonging to all communities, categories and socio-economic backgrounds are of the viewpoint that parents are valuable. Within all households, in some

cases, there are occurrences of conflicting situations and disagreements among parents and children. These may be experienced in a major or minor form.

The individuals do provide solutions to these and develop mutual understanding with parents, whereas, in other cases, when these are not solved, the relationships among parents and children get impeded (How Poor Parental Support Affects Student Growth, 2019). As a consequence, individuals are overwhelmed by the feelings of despondency and downheartedness. Furthermore, they will not have support and assistance available from their parents in the case of any matters and concerns. Effects of lack of parental support are disadvantageous to the individuals on a comprehensive basis. These are stated as follows:

### **Remaining Unaware regarding various Factors**

The lack of parental support is detrimental to the individuals, belonging to all age groups, communities, categories and socio-economic backgrounds. As a consequence, the students are unable to generate information in terms of essential traits, which would lead to their progression. In other words, they remain unaware regarding various factors. Furthermore, they are unable to implement the traits of morality, ethics, truthfulness and honesty. They get misguided and get engaged in various types of tasks and activities, which would prove to be unfavourable to them on a comprehensive basis. With advancements taking place and with the advent of modernization and globalization, the individuals, belonging to all occupations and fields are required to augment their knowledge and understanding in terms of various types of modern, scientific and innovative methods and materials. As a consequence of lack of parental support, individuals will remain unaware in terms of these methods and materials. Hence, there are occurrences of dilemmas within the course of putting into operation different types of tasks and activities successfully. Therefore, remaining unaware regarding various factors is regarded as one of the critical effects of lack of parental support.

### **Impediments in the achievement of Professional Goals**

The professional goals of the individuals are regarded as, acquisition of good-quality education, getting engaged in employment opportunities and generating a source of income. When the individuals are wholeheartedly committed towards achievement of professional goals, they need to obtain support and assistance from their family members, particularly parents. In all types of professional settings, the individuals need to obtain support from their parents. The parental support is regarded as the instrument for all individuals, which enable them to carry out all types of tasks and activities in a well-organized manner. Within educational institutions of all levels and various types of employment settings, when the individual are overwhelmed by any types of problems and challenging situations, they need to obtain parental support. The parents make provision of useful ideas and suggestions, when their children are experiencing any types of dilemmas. Furthermore, they aspire to promote well-being and goodwill of their children. Hence, when parental support is not available, it is unfavourable for individuals. Therefore, impediments in the achievement of professional goals are one of the detrimental effects of lack of parental support.

### **Problems in Management of Household Responsibilities**

The individuals learn from their parents the ways of putting into operation all types of household responsibilities in an appropriate manner. The management of household responsibilities is regarded as one of the essential tasks, which individuals need to pay attention towards, belonging to all communities. The parents are vested with the authority and responsibility of imparting information in terms of all the factors that would be facilitating in management of household responsibilities in an effective manner. The various types of household responsibilities are, manageable as well as complicated. These are put into operation on one's own as well as through taking support and assistance from other individuals. The parents make provision of information in terms of domestic helpers and service providers. In urban communities, these are hired to put into operation various types of household responsibilities satisfactorily. The domestic helpers and service providers need to possess the essential skills and abilities to carry out all types of job duties in a well-organized and regimented manner. Hence, the parents and children need to work in co-ordination with each other to manage the overall functioning of the households in an effective manner. Therefore, problems in management of household responsibilities are an adverse effect of lack of parental support.

### **Inability to Hone Problem-solving Skills**

Lack of parental support does not enable the individuals to hone their problem-solving skills. The problems are regarded as an integral part of the lives of the individuals, within as well as outside the homes. When the individuals are overwhelmed by various types of problems, they can provide solutions to them on

their own as well as through obtaining support from others, i.e. family and community members. In the case of all types of dilemmas and challenging situations, the individuals communicate with their parents.

The parents acquire an efficient understanding of the problems and make provision of useful ideas and suggestions. When parents do not make provision of any suggestions, particularly when they are unaware, in such cases, individuals obtain moral support to cope with different types of problems in an efficacious manner. Hence, in this manner, the individuals understand the significance of their parents in their lives. The individuals need to respect their parents and listen to them in an effective manner. On the other hand, when parental support is not available, it is disadvantageous to the individuals to a major extent. Therefore, inability to hone problem-solving skills is an unfavourable effect of lack of parental support.

### **Being overwhelmed by Psychological Problems**

In the lives of the individuals in both personal and professional spheres, they do experience situations, which enable them to be overwhelmed by various types of psychological problems of anger, stress, anxiety, frustration and depression. These are experienced in a major or minor form. When these problems are overwhelming and give rise to impediments within the course of achievement of desired goals and objectives, the parents are the individuals that are consulted first and foremost. They are the ones, who ensure that their children are not overwhelmed by any types of dilemmas and predicaments within the course of achievement of desired goals and objectives. On the other hand, lack of parental support enables the individuals to remain unaware in terms of various factors. One of the most critical disadvantages is, the individuals are unable to provide solutions to various types of problems in an efficient manner. Furthermore, these may give rise to impediments within the course of putting into operation various types of job duties and activities. Therefore, being overwhelmed by psychological problems is a severe effect of lack of parental support.

### **Being overwhelmed by Seclusion and Loneliness**

Within households, when the children are living with their parents and communication processes does not take place among them in an effective manner, the children will be overwhelmed by seclusion and loneliness. When the children are only and do not have siblings, in such cases, lack of support from parents enable them to be overwhelmed by seclusion and loneliness. These are regarded as unfavourable traits. Furthermore, these have detrimental effects on the health and well-being of the individuals, physically as well as psychologically. Hence, from the stage of early childhood, throughout the lives of the individuals, they need to understand that seclusion and loneliness are chronic and distressful conditions, which need to be curbed. Hence, apart from developing mutual understanding and maintaining cordial and amiable terms and relationships with parents, one needs to put emphasis on reinforcing their social circle. But when the individuals do not have support from parents, they will not feel pleasurable in communicating with other individuals in a satisfactory manner. Therefore, it is understood, by individuals, belonging to all age groups that being overwhelmed by seclusion and loneliness is a disadvantageous effect of lack of parental support.

### **Experiencing Health Problems and Illnesses**

The individuals, belonging to all age groups experience various types of health problems and illnesses. These are experienced in a major or minor form. These can be cured within homes or through making visits to medical and health care centres. The parents are the ones, who render an important contribution in taking care of the health conditions of their children. They give them meals, take them to medical and health care centres, get medicines, make provision of information in terms of techniques that would be facilitating in promoting a normal mind-set, make provision of financial resources and so forth. On the other hand, lack of parental support would enable the individuals to remain unaware in terms of ways of treating their health problems and illnesses. They are required to make visits to medical and health care centres, when they do not have support available from parents. Furthermore, when parents are not willing to maintain cordial and amiable terms and relationships with children, the health conditions get affected, physically as well as psychologically. Therefore, experiencing health problems and illnesses is an effect of lack of parental support, which is recognised by individuals, belonging to all communities.

### **Problems in Getting Settled**

The marriage is the institution, which all individuals are required to enter. It is difficult to find a good match. But when the individuals are wholeheartedly determined, they will be able to carry out this task successfully. One of the important aspects that need to be taken into account is, married lives of the individuals get successful, when they have obtained good wishes and blessings from parents. On the other

hand, forming stressful terms and relationships with parents and when the individuals do not have support available from them, they are overwhelmed by number of problems.

One of the major concerns, they experience are, dilemmas in finding a good match. When they browse websites or newspapers with matrimonial advertisements, they do not have anybody to share their ideas and viewpoints with. In addition, individuals are overwhelmed by unawareness regarding the requirements of a good match. Hence, lack of parental support is adverse for the individuals on a comprehensive basis. Therefore, problems in getting settled is an effect of lack of parental support, which postpones the marriage of the individuals for even long-term time period.

### **Impediments in Honing Skills and Abilities**

The individuals are required to hone various types of skills and abilities throughout their lives. The different types of skills are, communication skills, decision-making skills, time-management skills, analytical skills, critical-thinking skills, problem-solving skills, technical skills, creative skills, leadership skills, negotiation skills, personal skills, professional skills and presentation skills. The abilities, which need to be honed are, interaction, convincing, persuasion, management, administration, emotional intelligence, systems thinking, abilities to work under stress and putting in efforts to one's best abilities. The lack of parental support gives rise to number of problems and challenging situations within the course of honing of skills and abilities. The main reason being, the individuals experience problems in augmenting their knowledge and understanding in terms of different factors. Furthermore, they will not have anybody to guide them towards the right direction. Hence, the individuals will experience number of dilemmas within the course of up-gradation of different types of skills and abilities. Therefore, impediments in honing skills and abilities are an effect of lack of parental support, which gives rise to barriers within the course of achievement of desired goals and objectives.

### **Problems in Forming an Effective Social Circle**

The parents render an important contribution in leading to enhancement of communication skills and interactive abilities among their children. On the other hand, due to lack of parental support, the children develop an introvert and an isolated nature. As a consequence, they experience problems in forming an effective social circle. Within the course of pursuance of educational programs in educational institutions of all levels, they interact with others only when they need to clarify their doubts or promote their learning in a well-ordered manner. The individuals normally do not feel pleasurable and contented in interacting with others, when they have stressful terms and relationships with their parents. The main reason being, the individuals experience problems in augmenting their knowledge and understanding in terms of different subjects and concepts. Furthermore, they will not have anybody to guide them towards the right direction. Hence, the individuals will experience number of dilemmas within the course of formation of an effective social circle. Therefore, problems in forming an effective social circle are an effect of lack of parental support, which does not promote enrichment of overall personality traits of the individuals.

### **Barriers within the course of up-gradation of Personality Traits**

The parents render an important contribution in leading to up-gradation of personality traits of their children. They make provision of all the necessary information, which would render a significant contribution in promoting enrichment of overall personality traits. Some of these include, learning, education, norms, values, ethics, principles and so forth. When the individuals listen and abide by the information, they will generate the desired outcomes. On the other hand, lack of parental support does not enable the individuals to generate information in terms of all the factors that would contribute in honing personality traits. As a consequence, individuals remain unaware in terms of all the traits, which would lead to their effective growth and development. When the individuals do not have support and assistance available from parents, they remain deprived of all the essential information. The parents are responsible for leading their children towards the right direction. Hence, lack of parental support has proven to be unfavourable on a comprehensive basis. Therefore, barriers within the course of up-gradation of personality traits are an effect of lack of parental support, which has unfavourable affects upon overall living standards of the individuals.

### **Obstacles in promoting enrichment of overall Living Conditions**

In promoting enrichment of overall living conditions, there are number of factors in terms of which information is imparted by parents to their children. These are, acquiring good-quality of education; getting engaged in employment opportunities; bringing about improvements in financial positions; enhancing one's

career prospects; inculcating the traits of morality and ethics; implementing the traits of diligence, resourcefulness and conscientiousness; augmenting knowledge, skills and abilities; making wise and productive decisions in terms of various aspects; taking out sufficient amount of time for all tasks and activities;

Forming an effective social circle; possessing a pleasant personality and an approachable nature and coping with various types of psychological problems in an effective manner. It is apparently understood that due to lack of parental support, individuals will not have support and assistance available from parents, hence, they will remain deprived of all the essential information. As a consequence, they will experience different types of obstacles in promoting enrichment of overall living conditions. Therefore, obstacles in promoting enrichment of overall living conditions are an effect of lack of parental support, which needs to be prevented from assuming a major form.

### **Measures to be implemented in Strengthening Parental Support**

The individuals, belonging to all communities, categories and socio-economic backgrounds need to be well-versed in terms of meaning and significance of parental support. When they acknowledge the eminence of parental support, they need to augment their information regarding the measures to be implemented in strengthening parental support. When the individuals form the viewpoint that they will not be able to promote enrichment of their overall living conditions, without obtaining support and assistance from their parents, they will put in their efforts to their best abilities to strengthen parental support (Lack of Parental Support during Childhood, 2023). One of the important aspects that needs to be taken into account is, these measures need to be put into operation in a positive manner. These are, honing listening skills; depicting the traits of helpfulness and co-operation; inculcating the traits of morality and ethics and treating them with respect and courtesy. These are stated as follows:

#### **Honing Listening Skills**

When the individuals form the viewpoint that the information, which their parents are imparting will contribute efficiently in promoting their well-being and goodwill, they will pay attention towards honing listening skills. The individuals need to hone listening skills, when their parents are making provision of any information to them (Children Lacking Parental Care, n.d.). In the case of honing these skills, the individuals need to maintain eye contact and nod periodically. When the individuals have to say anything, they need to wait until their parents have completed their viewpoints and perspectives. At the end of the conversation, the individuals need to assure their parents that they will follow the norms and values throughout their lives in both personal and professional spheres. This will incur the feelings of pleasure and contentment among parents that their hard work has paid off. Therefore, honing listening skills is regarded as one of the indispensable measures to be implemented in strengthening parental support.

#### **Depicting the Traits of Helpfulness and Co-operation**

The individuals need to depict the traits of helpfulness and co-operation towards their parents. From the stage of early childhood, the individuals are imparted information in terms of meaning and significance of these traits. When there are certain job duties and responsibilities, related to number of factors, which parents cannot put into operation on their own, hence, they are required to obtain help from their children. The children need to help and co-operate with their parents in the management of the household responsibilities. In this manner, the parents feel satisfied with their children and support them in promoting their well-being and goodwill. As a consequence, the parents and children will develop mutual understanding and form cordial and amiable terms and relationships with each other. Therefore, depicting the traits of helpfulness and co-operation is one of the significant measures to be implemented in strengthening parental support.

#### **Inculcating the Traits of Morality and Ethics**

The parents during the childhood stage impart information among their children in terms of the traits of morality and ethics. Hence, they need to acquire an efficient understanding of these traits and put them into operation in a satisfactory manner. These traits are facilitating to the individuals in reinforcing efficiency, honesty and truthfulness in communicating and working with others and in putting into practice various tasks and activities. As a consequence of acknowledging and implementing these traits, the individuals are rendering an important contribution in meeting the expectations of the parents. In this manner, the parents feel pleasurable and contented regarding their children and make provision of support and assistance to them.

Therefore, it is understood on a comprehensive basis that inculcating the traits of morality and ethics is a meaningful measure to be implemented in strengthening parental support.

### **Treating them with Respect and Courtesy**

The individuals need to treat their parents with respect and courtesy. When the children are young, parents take care of all needs and requirements of their children. Hence, during the childhood stage as well, children need to ensure, they do not pressurise their parents. On the other hand, in old age, children need to take care of all needs and requirements of their parents. Health is an important concern. In old age, individuals do experience various types of health problems and illnesses, hence, children are vested with the responsibility of taking care of the health care needs and requirements of their parents. Even when individuals are occupied with number of job duties in their professional and personal lives, still they need to ensure, they take out time to interact with their parents. Therefore, treating them with respect and courtesy is a noteworthy measure to be implemented in strengthening parental support.

### **Conclusion**

The individuals need to understand that lack of parental support would prove to be favourable to them on a comprehensive basis. Effects of lack of parental support are, remaining unaware regarding various factors, impediments in the achievement of professional goals, problems in management of household responsibilities, inability to hone problem-solving skills, being overwhelmed by psychological problems, being overwhelmed by seclusion and loneliness, experiencing health problems and illnesses, problems in getting settled, impediments in honing skills and abilities, problems in forming an effective social circle, barriers within the course of up-gradation of personality traits and obstacles in promoting enrichment of overall living conditions. Measures to be implemented in strengthening parental support are, honing listening skills; depicting the traits of helpfulness and co-operation; inculcating the traits of morality and ethics and treating them with respect and courtesy. Finally, it can be stated, lack of parental support is unfavourable and one needs to form cordial relationships with parents.

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