



# **Competence and Achievement: Essential Factors in Personal and Professional Lives of Individuals**

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## **Abstract**

From the stage of early childhood, throughout the lives of individuals, they need to put emphasis on enhancement of competence and achievement. The various types of competencies are put into operation by individuals in their personal and professional lives. As a consequence, they will render an important contribution in achievement of desired goals and objectives. The individuals need to be well-informed in terms of various factors, which are facilitating in enhancement of competencies. The different types of factors are, implementing effective communication processes with family and community members; generating information in terms of various types of job duties and methodologies, conducting research through utilizing various sources and experience. Furthermore, inculcation of traits of efficiency and adeptness is facilitating in making use of various types of competencies in a well-ordered and regimented manner. As a consequence, individuals will contribute in achievement of desired goals and objectives in personal lives, pursuance of educational programs in educational institutions of all levels and in all types of employment settings. Hence, it is well-understood; enhancement of competence prepares individuals in terms of factors, which are facilitating in achievement of desired goals and objectives in personal and professional lives. Therefore, competence and achievement are essential factors in personal and professional lives of individuals. The main concepts that are taken into account in this research paper are, understanding the meaning and significance of competence and achievement, measures to be put into operation in leading to up-gradation of competence and achievement and advantages of leading to up-gradation of competence and achievement.

**Keywords:** Abilities, Achievement, Competence, Individuals, Personal, Professional, Up-gradation, Well-ordered Manner

## Introduction

The individuals are different from each other in terms of number of factors, i.e. castes, creeds, races, genders, religions, ethnicities, occupations, educational qualifications, cultures, personality traits, communities and socio-economic backgrounds. In spite of differences, they have one of the common goals of bringing about improvements in their overall quality of lives. In spite of the differences, individuals are dedicated towards enhancing their competence and achievement. Competence is referred to capabilities, abilities, skills and proficiencies. On the other hand, achievement is referred to accomplishment, attainment, success and realization. The individuals are required to work diligently in leading to up-gradation of competence and achievement (Sahu, 2020). When they are wholeheartedly committed towards achievement of desired goals and objectives, they need to ensure, they prepare themselves in an adequate manner to enhance their competence, so they can achieve desired goals and objectives in a well-ordered manner. Competence needs to be enhanced in order to achieve desired goals and objectives in personal and professional lives. Therefore, it is well-understood; there is a relationship between competence and achievement, which needs to be enhanced in a well-organized and regimented manner.

The family is regarded as the first and foremost institution from where learning, growth and development of individuals take place. The implementation of effective communication processes with family members is the key in augmenting information in terms of various subjects and factors. The family members render an important contribution in leading to up-gradation of various types of competencies and abilities among individuals. In other words, family members prepare the individuals in an adequate manner in leading to up-gradation of different types of competencies. As a consequence, they will be able to achieve various types of goals and objectives (Sanson, & Bretherton, n.d.). The family members guide and lead the individuals in the right direction. Hence, they render an important contribution in leading to progression of individuals. It is understood on a comprehensive basis that family is the institution, from where individuals generate information in terms of various types of skills. Furthermore, they acknowledge the meaning and significance of traits of proficiency and adeptness. Therefore, individuals, belonging to all occupations, communities and socio-economic backgrounds need to form cordial and amiable terms and relationships with family members.

## **Understanding the Meaning and Significance of Competence and Achievement**

The individuals, belonging to all occupations, communities and socio-economic backgrounds have recognized the meaning and significance of education. They have formed the viewpoint that education is the instrument, which not only imparts information in terms of academic subjects and lesson plans, but also in terms of techniques that are facilitating in emerging into moral and ethical human beings and productive citizens of the country. The individuals are getting enrolled in educational institutions of all levels to acquire education. The educators in educational institutions of all levels are encouraging the participation of students in different types of assessment strategies and academic activities. These are assignments, projects, reports, role plays, presentations, public-speaking and so forth. The students participate in these on an individual basis or in teams, comprising of two or more students. They need to acquire an efficient understanding of academic subjects and lesson plans to enhance their participation.

The students, belonging to all grade levels are able to enhance their participation in all types of tasks and activities, related to academic learning, as they are acquiring the opportunities to lead to up-gradation of various types of competencies. The competencies are to be utilized in achievement of different types of educational goals in an adequate manner. Furthermore, the individuals inculcate the traits of adeptness, honesty and meticulousness. These are facilitating in achievement of different types of educational goals in a satisfactory manner. Hence, it is understood on a comprehensive basis, acquisition of education in educational institutions of all levels is the key in leading to up-gradation of various types of competencies. Therefore, individuals are able to acquire an efficient understanding of the meaning and significance of competence and achievement, when the individuals are acquiring education in educational institutions of all levels.

The individuals, belonging to all occupations, communities and socio-economic backgrounds have one of the major goals of getting engaged in employment opportunities. Within all types of employment settings, individuals, belonging to all job positions need to lead to up-gradation of different types of competencies to achieve desired goals and objectives. The individuals, belonging to all job positions need to be well-informed in terms of all types of job duties and responsibilities. Furthermore, individuals need to augment information in terms of different types of methodologies and procedures. These are the techniques of carrying out various types of job duties and responsibilities in an adequate manner. As a consequence, individuals will contribute in meeting the expectations of individuals in leadership positions.

Hence, throughout their jobs, all members, irrespective of their job positions need to work diligently in leading to up-gradation of different types of competencies.

The competencies are to be utilized in achievement of different types of professional goals in a satisfactory manner. Furthermore, the individuals inculcate the traits of proficiency, uprightness and precision. The individuals need to ensure, these are utilized in a moral and ethical manner in carrying out different types of job duties and responsibilities in a well-ordered and satisfactory manner. As a consequence, individuals, belonging to all job positions will be well-prepared in terms of techniques, which are facilitating in achievement of different types of professional goals in a satisfactory manner within all types of employment settings. Hence, it is understood to a major extent, putting into practice different types of job duties and responsibilities within all types of employment settings is the key in leading to up-gradation of various types of competencies. Therefore, one is able to acquire an understanding of the meaning and significance of competence and achievement, when the individuals are getting engaged in employment opportunities in all types of employment settings.

The individuals, belonging to all occupations, communities and socio-economic backgrounds need to inculcate the traits of efficiency, honesty and truthfulness. These are the traits, which are facilitating in acknowledging and implementing various factors, i.e. differentiating between various types of appropriate and inappropriate factors; reinforcing a constructive approach; forming positive viewpoints in terms of various factors and individuals; promoting normal mind-sets; being well-informed in terms of different types of job duties and responsibilities; being well-aware in terms of various types of methodologies and procedures; utilizing various types of modern, scientific and innovative methods and materials; augmenting various types of skills and abilities; leading to up-gradation of motivation and concentration levels towards works; putting in efforts to one's best abilities; possessing the abilities to work under stress; providing solutions to various types of problems and carrying out various types of job duties and responsibilities in an adequate manner. Within personal and professional lives, the individuals need to put into operation these traits.

Implementing these traits is regarded as one of the essential factors, which is facilitating in leading to up-gradation of competencies. Furthermore, all types of competencies are to be put into operation in achievement of different types of professional goals in a satisfactory manner. The individuals need to ensure, different types of competencies are implemented to promote well-being and goodwill of individuals within and outside the homes. Hence, it is understood on a comprehensive basis that inculcation of these traits is facilitating in promoting enhancement of various types of competencies. Furthermore, the individuals also understand that these need to be

implemented in promoting well-being and goodwill of others, including family and community members. Therefore, an understanding of the meaning and significance of competence and achievement is acquired, when the individuals are inculcating the traits of efficiency, honesty and truthfulness.

### **Measures to be put into operation in Leading to Up-gradation of Competence and Achievement**

An aimless life is a meaningless life. Hence, individuals, belonging to all occupations, communities and socio-economic backgrounds have goals and objectives to achieve. The various factors in terms of which these are formulated are education, careers, employment opportunities, family, relationships, settlement, travelling, assets, property, resources, health, well-being, personality traits and overall standards of living. In order to achieve all types of goals and objectives, individuals need to be well-prepared. Furthermore, they need to lead to up-gradation of various types of competencies. These are required to be put into operation in a well-ordered and regimented manner in generation of desired outcomes. Furthermore, inculcation of traits of diligence, adeptness and morality is regarded to be of utmost significance in achievement of different types of goals and objectives (7 Scientific Benefits of Helping Others, n.d.).

Throughout the lives of individuals, they need to augment information in terms of measures to be put into operation in leading to up-gradation of competence and achievement. All types of measures are required to be put into operation in a well-ordered and disciplined manner. Furthermore, positivity needs to be reinforced in all types of measures. One of the important aspects that needs to be taken into account is, measures need to be facilitating in promoting well-being and goodwill of family and community members. The factors, which are facilitating in generating information in terms of these measures are, implementing effective communication processes with family and community members, being well-informed in terms of job duties, conducting research and experience. Therefore, measures to be put into operation in leading to up-gradation of competence and achievement are stated as follows:

#### **Implementing Effective Communication Processes**

From the stage of early childhood, throughout the lives of individuals, they need to implement effective communication processes. These need to take place in an effective manner with individuals within personal and professional lives. These are the key in augmenting information in terms of various subjects and concepts; exchanging different types of ideas and viewpoints;

obtaining answers to different types of questions that are overwhelming and clarifying doubts in terms of different types of subjects and concepts. Furthermore, individuals need to be well-equipped in terms of communication ethics, i.e. making use of polite language and decent words; treating others with respect and courtesy; making provision of factual information; building trust and understanding; reinforcing the traits of efficiency, honesty and truthfulness; depicting the traits of helpfulness and co-operation and possessing an approachable nature and an amiable attitude. As a consequence of acknowledging and implementing communication ethics, individuals will contribute in leading to up-gradation of various types of competencies (Seven C's of Effective Communication, 2020).

The communication processes takes place in a verbal and written form. Verbal communication takes place face to face, video-calling or phones, whereas, written communication takes place through exchanging messages, emails, letters and notices. As a consequence of putting into operation effective communication processes, the individuals are rendering an important contribution in generating information in terms of competencies and techniques of leading to their up-gradation. Therefore, implementing effective communication processes is regarded as one of the indispensable measures to be put into operation in leading to up-gradation of competence and achievement.

### **Developing Mutual Understanding with Family Members**

The development of mutual understanding with family members is the key in augmenting information in terms of various types of subjects and factors. The family members render an important contribution in leading to up-gradation of various types of competencies and abilities among individuals. In other words, family members prepare the individuals in a satisfactory manner in leading to up-gradation of different types of competencies. In cases of experiencing of any types of dilemmas and challenging situations, family members are the first and foremost individuals, who are approached for help and assistance. As a consequence, they will be able to achieve various types of goals and objectives in an appropriate manner. The family members guide and lead the individuals in the right direction. Hence, they render an important contribution in leading to progression of individuals.

It is understood to a major extent that family is the institution, from where individuals generate information in terms of various types of competencies and abilities. Furthermore, they acknowledge the meaning and significance of traits of expertise and professionalism. Hence, individuals, belonging to all occupations, communities and socio-economic backgrounds need to form cordial and amiable terms and relationships with family members. Furthermore, family

members convey to individuals that they are required to make use of their competencies in promoting well-being and goodwill of individuals within homes and community members. Therefore, developing mutual understanding with family members is one of the significant measures to be put into operation in leading to up-gradation of competence and achievement.

### **Acquisition of Education**

Education is the instrument, which not only imparts information in terms of academic subjects and lesson plans, but also in terms of strategies that are facilitating in emerging into moral and ethical human beings and productive citizens of the country. The individuals are getting enrolled in educational institutions of all levels to acquire education. The educators in educational institutions of all levels are encouraging the participation of students in different types of assessment strategies and academic activities. These are assignments, projects, reports, role plays, presentations, public-speaking, debates, group discussions, competitions, quizzes and so forth. The students participate in these on an individual basis or in teams, comprising of two or more students. They need to acquire an efficient understanding of academic subjects and lesson plans to enhance their participation.

The students, belonging to all grade levels are able to enhance their participation in all types of tasks and activities, related to academic learning, as they are acquiring the opportunities to lead to up-gradation of various types of competencies. The competencies are to be utilized in achievement of different types of educational goals in a satisfactory manner. Furthermore, the individuals inculcate the traits of proficiency and thoroughness. These are facilitating in achievement of different types of educational goals in an appropriate manner. Hence, it is understood to a major extent, acquisition of education in educational institutions of all levels is the key in leading to up-gradation of various types of competencies. Therefore, acquisition of education is an expedient measure to be put into operation in leading to up-gradation of competence and achievement.

### **Getting enrolled in Training Programs**

The individuals, belonging to all occupations, communities and socio-economic backgrounds get enrolled in training programs. These are of one month, two months, three months, six months and more than this. The different types of subjects in terms of which these are formulated are education, computers, arts and crafts, travel and tourism, languages and so forth. The educators are making use of various types of teaching-learning methods, teaching-learning materials and instructional strategies in an adequate manner in promoting student learning. The educators in educational institutions of all levels are encouraging the participation of students in different types of assessment strategies and academic activities. These are assignments, projects, reports, role plays, presentations,

public-speaking, debates, group discussions, competitions, quizzes and so forth. The students participate in these on an individual basis or in teams, comprising of two or more students. They need to acquire an efficient understanding of academic subjects and lesson plans to enhance their participation.

The students, belonging to all grade levels are able to do well in all types of tasks and activities, related to academic learning, as they are acquiring the opportunities to lead to up-gradation of various types of competencies. The competencies are to be utilized in achievement of different types of educational goals in an appropriate manner. Furthermore, the individuals inculcate the traits of efficiency and righteousness. These are facilitating in achievement of different types of educational goals. Hence, it is understood to a major extent, learning in training centers is essential in leading to up-gradation of various types of competencies. Therefore, getting enrolled in training programs is an eminent measure to be put into operation in leading to up-gradation of competence and achievement.

### **Implementing Job Duties within Employment Settings**

The individuals, belonging to all occupations, communities and socio-economic backgrounds have one of the major goals of getting engaged in employment opportunities. Within all types of employment settings, individuals, belonging to all job positions need to lead to up-gradation of different types of competencies to achieve desired goals and objectives. The individuals, belonging to all job positions need to be well-informed in terms of all types of job duties and responsibilities. Furthermore, individuals need to augment information in terms of different types of methodologies and procedures. These are the techniques of carrying out various types of job duties and responsibilities in an appropriate manner. As a consequence, individuals will contribute in meeting the expectations of individuals in leadership positions. Hence, throughout their jobs, all members, irrespective of their job positions need to work hard in leading to up-gradation of different types of competencies.

The competencies are to be utilized in achievement of different types of professional goals in a satisfactory manner. Furthermore, the individuals inculcate the traits of diligence, resourcefulness and uprightness. The individuals need to ensure, these are utilized in a moral and ethical manner in carrying out different types of job duties and responsibilities in a well-organized manner. As a consequence, individuals, belonging to all job positions will be well-prepared in terms of techniques, which are facilitating in achievement of different types of professional goals within all types of employment settings. Hence, it is understood to a major extent, putting into practice different types of job duties and responsibilities within all types of employment settings is the key in leading to up-

gradation of various types of competencies. Therefore, implementing job duties within employment settings is a renowned measure to be put into operation in leading to up-gradation of competence and achievement.

### **Inculcating the Traits of Morality and Ethics**

The individuals, belonging to all occupations, communities and socio-economic backgrounds need to inculcate the traits of morality and ethics. These are the traits, which are facilitating in acknowledging and implementing various factors, i.e. differentiating between various types of appropriate and inappropriate factors; reinforcing a constructive approach; forming positive viewpoints in terms of various factors and individuals; promoting normal mind-sets; coping with psychological problems of anger, stress, anxiety, frustration and depression; reinforcing the traits of efficiency, honesty and truthfulness; augmenting various types of skills and abilities; leading to up-gradation of motivation and concentration levels towards works; putting in efforts to one's best abilities; possessing the abilities to work under stress and carrying out various types of job duties and responsibilities in a satisfactory manner. Within personal and professional lives, the individuals need to put into operation these traits.

Implementing these traits is regarded as one of the essential factors, which is facilitating in leading to up-gradation of competencies. Furthermore, all types of competencies are to be put into operation in achievement of different types of personal and professional goals in an appropriate manner. The individuals need to ensure, different types of competencies are implemented to promote well-being and goodwill of individuals within and outside the homes. Hence, it is understood on a comprehensive basis that inculcation of these traits is facilitating in promoting enhancement of various types of competencies. Furthermore, the individuals also understand that these need to be implemented in promoting well-being and goodwill of family and community members. Therefore, inculcating the traits of morality and ethics is a decisive measure to be put into operation in leading to up-gradation of competence and achievement.

### **Implementing the Traits of Diligence, Resourcefulness and Conscientiousness**

Implementing the traits of diligence, resourcefulness and conscientiousness is essential for individuals, belonging to all occupations, communities and socio-economic backgrounds. These are the traits, which are facilitating in acknowledging and implementing various factors, i.e. honing analytical and critical-thinking skills; making wise and productive decisions in terms of various factors; being well-informed in terms of different types of job duties and responsibilities; being well-aware in terms of various types of methodologies and procedures; utilizing various types of modern,

scientific and innovative methods and materials; augmenting various types of skills and abilities; leading to up-gradation of motivation and concentration levels towards works; putting in efforts to one's best abilities; possessing the abilities to work under stress; providing solutions to various types of problems and carrying out various types of job duties and responsibilities in an adequate manner. The individuals need to put into operation these traits within personal and professional lives.

Implementing these traits is regarded as one of the essential factors, which is facilitating in leading to up-gradation of competencies. Furthermore, all types of competencies are to be put into operation in achievement of different types of professional goals in a satisfactory manner. The individuals need to ensure, different types of competencies are put into operation to promote well-being of individuals within personal and professional lives. Hence, it is understood on a comprehensive basis that inculcation of these traits is facilitating in promoting enhancement of various types of competencies. Furthermore, the individuals also understand that these need to be implemented in leading to progression of others, including family and community members. Therefore, implementing the traits of diligence, resourcefulness and conscientiousness is an imperative measure to be put into operation in leading to up-gradation of competence and achievement.

### **Augmenting Skills and Abilities**

The individuals, belonging to all occupations, communities and socio-economic backgrounds need to lead to up-gradation of various types of skills and abilities. The various types of skills are communication skills, analytical skills, critical-thinking skills, problem-solving skills, time-management skills, creative skills, technical skills, personal skills, presentation skills, professional skills, leadership skills, negotiation skills, intellectual skills, public-speaking skills, artistic skills, educational skills and decision-making skills. On the other hand, abilities, which need to be honed are convincing, persuading, planning, organizing, directing, leading, negotiating, controlling, coordinating, emotional intelligence, systems thinking, putting in efforts to one's best abilities, possessing the abilities to work under stress, providing solutions to various types of problems and carrying out various types of job duties and responsibilities in a satisfactory manner. The individuals need to put into operation these traits within personal lives, educational institutions of all levels and in all types of employment settings.

As a consequence, up-gradation takes place of various types of competencies. Furthermore, all types of competencies are to be put into operation in achievement of different types of goals and objectives within personal and professional lives. The individuals need to ensure, different types of competencies are put into operation to promote well-being of individuals within and outside the

homes. Hence, it is understood to a major extent that augmenting different types of skills and abilities is facilitating in promoting enhancement of various types of competencies. Furthermore, individuals also understand that these need to be implemented in leading to progression of others, including family and community members. Therefore, augmenting skills and abilities is a favorable measure to be put into operation in leading to up-gradation of competence and achievement.

### **Providing Solutions to various Problems**

Within personal lives, within the course of pursuance of educational programs and in all types of employment settings, there are occurrences of problems in terms of various factors, i.e. job duties, responsibilities, methodologies, procedures, approaches, techniques, work pressure, unawareness in terms of various factors, lack of implementation of time-management skills, lack of analytical, critical-thinking and problem-solving skills, scarcity of financial, human, technical, material and information resources, lack of infrastructure, amenities and facilities and so forth. The influence of various types of problems is experienced in a major or minor form. The individuals need to provide solutions to these in an effective manner. If not solved, these give rise to impediments within the course of enhancement of competencies. As a consequence, there are occurrences of barriers within the course of achievement of desired goals and objectives in personal and professional lives.

The individuals need to lead to up-gradation of problem-solving skills. These are the skills, which are facilitating in identifying the causes of problems. After the causes are identified, solutions are provided to these in a satisfactory manner. Furthermore, these need to be prevented from giving rise to impediments within the course of promoting enhancement of competencies. As a consequence, individuals will be well-prepared in terms of techniques, which are facilitating in achievement of various types of goals and objectives in personal and professional lives. In this manner, individuals will contribute in leading to up-gradation of their overall personality traits and standards of living. Hence, individuals need to work hard in solving various types of problems, so they are able to lead to up-gradation of various types of competencies in a satisfactory manner. Therefore, providing solutions to various problems is an advantageous measure to be put into operation in leading to up-gradation of competence and achievement.

### **Possessing the Abilities to Work under Stress**

Within personal lives, within the course of pursuance of educational programs and in all types of employment settings, there are occurrences of stressful situations in terms of various factors, i.e. job duties, responsibilities, methodologies, procedures, approaches, techniques, work pressure, unawareness in terms of various factors, lack of implementation of time-management skills, lack of

analytical, critical-thinking and problem-solving skills, scarcity of financial, human, technical, material and information resources, lack of infrastructure, amenities and facilities, peer issues, psychological problems, health problems, illnesses and so forth. The individuals need to provide solutions to these in a satisfactory manner. If not solved, these give rise to impediments within the course of enhancement of competencies. As a consequence, there are occurrences of impediments within the course of achievement of desired goals and objectives in personal and professional lives.

The individuals need to possess the abilities to work under stress. This is the measure, which is facilitating in identifying the causes of occurrences of various types of stressful situations. After the causes are identified, solutions are provided to these in an appropriate manner. Furthermore, these need to be prevented from giving rise to impediments within the course of promoting enhancement of competencies. As a consequence, individuals will be well-prepared in terms of strategies, which are facilitating in achievement of various types of goals and objectives in personal lives, educational institutions of all levels and in all types of employment settings. In this manner, individuals will contribute in leading to up-gradation of overall personality traits and living conditions. Hence, individuals need to work hard in coping with different types of stressful situations, so they are able to lead to up-gradation of various types of competencies in an appropriate manner. Therefore, possessing the abilities to work under stress is a useful measure to be put into operation in leading to up-gradation of competence and achievement.

### **Advantages of Leading to Up-gradation of Competence and Achievement**

The individuals, belonging to all occupations, communities and socio-economic backgrounds have one of the common goals of bringing about improvements in their overall quality of lives. In order to achieve this goal in a well-ordered manner, individuals are to be wholeheartedly committed towards enhancing their competence and achievement. The individuals are required to make use of moral and ethical techniques in leading to up-gradation of competence and achievement. When they are wholeheartedly committed towards achievement of desired goals and objectives, they need to ensure, they prepare themselves in an adequate manner to enhance their competence, so they can achieve desired goals and objectives in a well-ordered manner (Santhi, & Kumar, 2011).

Competence needs to be enhanced in order to achieve desired goals and objectives in personal and professional lives. One of the important factors that needs to be taken into account is all types of competencies are required to be put into operation in a moral and ethical manner. One of the major benefits is, different types of setbacks will be overcome in an appropriate manner. As a consequence, individuals will be successful in their works. Hence, it is understood to a major extent that enhancement of competencies is considered to be advantageous to individuals on a

comprehensive basis. Therefore, advantages of leading to up-gradation of competence and achievement are stated as follows:

1. Honing communication skills and interactive abilities.
2. Differentiating between various types of appropriate and inappropriate factors.
3. Promoting normal minds-sets.
4. Reinforcing a constructive approach.
5. Making wise and productive decisions in terms of various subjects and factors.
6. Being well-informed in terms of different types of job duties and responsibilities.
7. Being well-aware in terms of various types of methodologies and procedures.
8. Utilizing various types of modern, scientific and innovative methods and materials.
9. Augmenting various types of skills and abilities.
10. Leading to up-gradation of motivation and concentration levels towards works.
11. Putting in efforts to one's best abilities.
12. Providing solutions to various types of problems.
13. Carrying out various types of job duties and responsibilities in an adequate manner.
14. Promoting enhancement of career prospects.
15. Meeting expectations of family and community members.
16. Enhancing organizational culture.
17. Leading to up-gradation of overall structure of the organizations.
18. Promoting family and community well-being.
19. Leading to up-gradation of overall personality traits.
20. Bringing about improvements in one's overall quality of lives.

## **Conclusion**

Competence is referred to capabilities, abilities, skills and proficiencies. On the other hand, achievement is referred to accomplishment, attainment, success and realization. The individuals need to hone competence, so they can achieve desired goals and objectives in an adequate manner. Furthermore, individuals need to be well-informed regarding measures to be put into operation in leading to up-gradation of competence and achievement. In addition, one needs to be well-informed regarding advantages of leading to up-gradation of competence and achievement. Finally, it can be stated, enhancing competence prepares individuals in terms of techniques to achieve desired goals and objectives.

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